

Registration Form



Name		Designation	
Organisation			
Tel:	(O)	(HP)	(H)
Address:			
Email:		Applied for VCF: Yes <input type="checkbox"/> No <input type="checkbox"/>	

Meal Request: Halal / Non-halal (please circle your preference)

Choice of Workshops and Symposium

Please choose 2 workshops (one for each day) and 1 symposium

		Workshops	Symposiums
Day 1	Day 2	<input type="radio"/> Generating Conversations with LGBTQ Clients Juliana Toh <input type="radio"/> Generating New Conversations with Families and Professionals Using Dialogical Approaches to Working Across Contexts. Barbara McKay <input type="radio"/> Starving for Affection: Working Systemically with Attachment Narratives Dr Rudi Dallos <input type="radio"/> Generating Conversations: The Place of the Therapeutic Relationship and the Self of the Therapist in the Development of Effective Practice Dr Barry Mason <input type="radio"/> Generating Conversations: A Threesome to a Twosome Dialogue Gracia Wiarda	<input type="radio"/> Generating Conversations as Beginning Therapists: What Have Been Useful in Our Growth? <input type="radio"/> Listening to Therapist's Inner Conversations and Creating Therapeutic Outer Conversations with Clients in Singapore <input type="radio"/> Generating Conversations with a Dying Person <input type="radio"/> Colluding or Collaborating? Working with Ex-offenders and Their Family Members. <input type="radio"/> Using Systemic Ideas in Helping Clients Make Decisions

Conference Fees at \$450 or \$180 with VCF grant @ 60% (Singaporeans/PRs) or \$270 with VCF grant @ 40% (Employment Pass).

Please complete the application form, attach NCSS approval email for verification (If applying for VCF Grant) and mail these together with cheque made payable to "Counseling and Care Centre" latest by 21 May 2010.

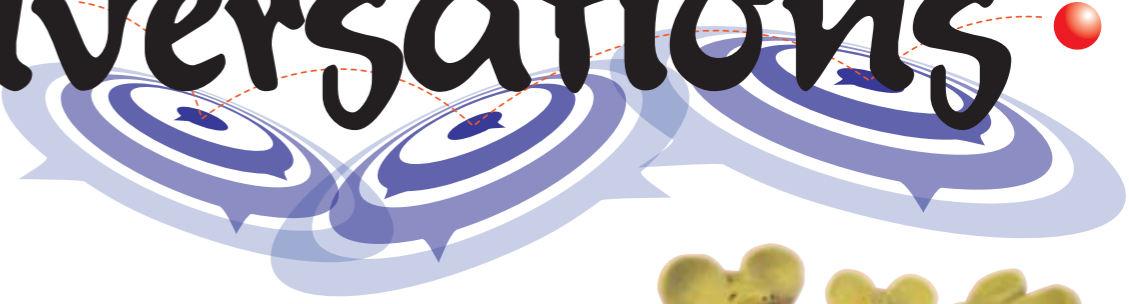
Dinner
Each accepted participant will be invited to a Dinner in memory of Anthony Yeo, on Sunday, 20 June 2010 (4-9pm) at level 5 Ballroom of Furama City Centre, 60 Eu Tong Sen Street, Singapore 059804. Please indicate your attendance below:

Yes, I accept the invitation to the Dinner

For those who wish to sign up only for the Dinner without the conference, please fill in your particulars, attach cheque of \$75.00 and mail it to us at Counselling and Care Centre by 21 May 2010.

Counselling and Care Centre
Block 536 Upper Cross Street #05-241 Hong Lim Complex Singapore 050536 www.counsel.org.sg
Tel: 65366366 Fax: 65366356

Generating Conversations



*A Systemic Psychotherapy Conference
in Memory of Anthony Yeo, the Father of Counselling in Singapore*

YWCA Fort Canning Lodge
6 Fort Canning Road Singapore 179494
21 & 22 June 2010

jointly organised by
 **Counselling and Care Centre**

Association of Marital and Family Therapy Singapore

Generating Conversations

Initially the name of the conference was to be “Beginning Conversations”. However, we found it to be rather problematic. “Beginning” suggests a definitive point, a linear progression and in many ways constraining despite the initial euphoria with the title.

By naming the conference “Generating Conversations”, we acknowledge the conversations that had taken place about systemic thinking and practice in Singapore and at the same time, hoping to generate more conversations. Like ripples in the ocean, these ripples would generate more dialogue amongst practitioners, academia and policymakers to allow mutual stimulation, growth and development within the larger context of irreverence to ourselves, our own ideas, and to what we had established for ourselves to be true.

Perhaps with this, a local stream of ideas would evolve and together, like many tributaries, connect to form a surge of ideas that we would be proud of, a stream that flows in a certain direction and yet, vibrant and energetic.

At another level, “Generating Conversations” can be understood from a social constructionist position. How do we create conversations about topics that we do not have the language for? What language do we have to journey with a couple struggling with their sexual intimacy? What words do we have to use with a dying man about his impending death? What language do we draw on to adequately engage those from a culture different from ours?

Without the bricks, how can we hold a decent conversation about these topics not to mention a therapeutic one? As we meet to talk about our “talking”, we may develop and discover a way to have a dialogic experience that is artfully aesthetic and affirming of the human existence.

- This two-day conference will focus on:
- Exposition on the Theme
 - Skill based workshops demonstrating the art of therapy as collaborative and dialogical
 - Panel discussion on trends and challenges for systemic thinkers and practitioners at the global and local level
 - Symposiums on counselling, training and supervision issues

Day One

9.00am	Registration
9.30am	Arrival of Guest-of-Honour Mrs Yu-Foo Yee Shoon (Minister of State, Ministry of Community Development, Youth & Sports)
	Welcome Speech by Tan Boon Huat, Executive Director, Counselling and Care Centre
	Welcome Speech by Ruth Chua, President, Association of Marital and Family Therapy Singapore
	Book Launch and Presentation of Mementoes by Guest-of-Honour
10.00am	Reception
10.30am	Keynote Address on Generating Conversations by Barry Mason
	Plenary Session 1: Panel Discussion on Generating Conversations
	Research Presentation: The Growing Pains of Family Therapy in Singapore by Timothy Sim
1.00pm	Lunch
2.00pm	Workshops
3.30pm	Break
4.00pm	Workshops
5.30pm	End of Day One

Day Two

9.00am	Workshops
10.30am	Break
11.00am	Workshops
1.30pm	Lunch
2.30pm	Symposiums
4.00pm	Break
4.30pm	Plenary Session 2: “Pulling Together and Bringing Back to Practice”
5.30pm	Closing of Conference

Workshops

Generating Conversations with LGBTQ Clients

Juliana Toh
Clinical Director, Counselling and Care Centre, Singapore

This workshop will focus on the beginning process therapist can take to initiate conversations with LGBTQ clients. It is hoped that in the collaborative process, a new understanding of and for each other will emerge, enhancing the being of the therapist and more importantly, well being of the LGBTQ client.

Generating New Conversations with Families and Professionals Using Dialogical Approaches to Working Across Contexts

Barbara McKay
Director, Institute of Family Therapy, London

Many clients come into contact with a range of services simultaneously. This workshop will explore ways in which professionals can begin to see themselves as part of a system of concern and promote dialogue between contexts to ensure that clients experience coherent and collaborative approaches.

Starving for Affection: Working Systemically with Attachment Narratives

Rudi Dallos
Programme Director and Professor in Clinical Psychology
University of Plymouth, UK

The session will present an integration of research and clinical material on work with families where a member has an eating disorder. Examples of family member's accounts of their relationships and views of their problems will be presented along with examples on DVD of their interaction and conversation. A way of working which combines systemic, attachment and narrative perspectives will be outlined along with examples of the use of 'formats for exploration' using the model.

Generating Conversations: The Place of the Therapeutic Relationship and the Self of the Therapist in the Development of Effective Practice

Barry Mason
Chair of the Advanced Training in Supervision at the Institute of Family Therapy in London and Co-Director of the Doctoral programme in collaboration with Birkbeck College, University of London

Useful therapeutic conversations depend, in part, on the willingness of the therapist to contribute to the quality of the therapeutic relationship. This involves the taking of what I have called, 'relational risk-taking' (Mason, 2005) including the way in which the therapist utilises aspects of self. The presentation will highlight some recent and new ideas and will make reference to gender, culture, personal belief systems, and include clinical examples from practice.

Generating Conversations: A Threesome to a Twosome Dialogue

Gracia Wiarda
Family Therapist, Christian Psychotherapy Services, USA

There is no conversation without a listener. The challenge of working with couples is to move them to converse with and listen to one another instead of talking about each other to the therapist. The presentation will look at ways of engaging them in a different kind of conversation about their differences.

Symposiums

Generating Conversations as Beginning Therapists: What Have Been Useful in Our Growth?

Patricia Yap
Principal Psychologist, Kandang Kerbau Women's and Children's Hospital (KKH), Singapore

Chua Wei Bin
Centre Head, The Ang Mo Kio Family Service Centres (Cheng San), Singapore

Are you a beginning systemic psychotherapist? With all the enthusiasm and self-doubts that beginners often have? As beginners ourselves, we would like to share the journey we have taken so far. In doing so, we may be helpful in shedding some light, pointing out some useful “road signs”, “routes” and “landmarks” along the way.

Listening to Therapist's Inner Conversations and Creating Therapeutic Outer Conversations with Clients in Singapore

Sharon Sng
Senior Therapist, Counselling and Care Centre, Singapore

Therapeutic conversations between clients and therapists are not just about the “said” but are also influenced by the “unsaid”. This unsaid area could represent the therapist's inner conversations that may be influenced by one's gender, culture, ethnicity, spirituality, etc. The presentation will look at how the therapist can use self-reflexive questions to help oneself take a closer look at the “unsaid” area, and bring these inner conversations into the outer, generating therapeutic conversations with clients in the local context.

Generating Conversations with a Dying Person

Christine Lim
Principal Therapist, Counselling and Care Centre, Singapore

Fong Yee Leong
Senior Social Worker, Assisi Hospice, Singapore

How would a person who is dying describe his experiences? As he faces the prospect of his body giving way, what conversations may he wish to be engaged with as he still experiences life? Perhaps to talk about his apprehensions, fears or losses, or to consider how he has lived his life and the legacies he is leaving behind. How can these conversations be validating of him as a person and his experiences? This symposium will be a forum to share some of these ideas, with possibly an opportunity to illustrate with a worker's experience working with a dying person.

Colluding or Collaborating? Working with Ex-offenders and Their Family Members

Timothy Sim
Assistant Professor, Department of Applied Social Sciences, Hong Kong Polytechnic University

With family support, ex-offenders may find it easier to reintegrate into the community upon release from prisons. But it is often difficult to engage family members of ex-offenders who may feel ambivalent as they have once been hurt, betrayed, and disappointed. Using a team-approach, three social workers, a family therapist-researcher, and a social policy expert, carefully documented the lessons learnt from working intensively with three cases in Singapore. Participants can expect to learn about the process of documenting one's work, apart from appreciating the resilience of the ex-offenders and their family members, and changing policies using the stories of families.

Using Systemic Ideas in Helping Clients Make Decisions

Tan Boon Huat
Executive Director, Counseling and Care Centre, Singapore

While clients often come with specific problems in therapy, they also often present counsellors with issues that require them to make decisions immediately or in the near future. In this symposium, the facilitator will present the utilization of systemic ideas in helping clients make decisions.